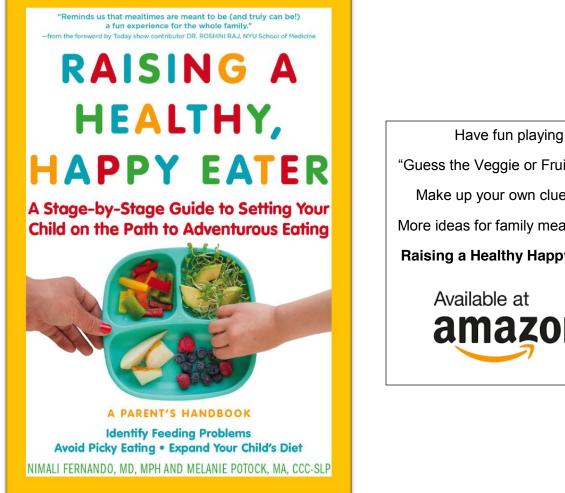
This veggie/fruit is the same color as	This veggie/fruit is (<u>Dad's/Mom's</u>) favorite!
This veggie/fruit grows (<u>underground/on a tree</u>).	This veggie/fruit grows in (<u>Hawaii, Sri Lanka, etc</u> .).
This veggie/fruit is (<u>tickly, crunchy, soft</u>).	This veggie/fruit has (<u>1, lots, tiny, etc.)</u> seeds.
This veggie/fruit makes yummy (<u>pies, smoothies</u>).	I'm going to name an animal that loves this
This veggie/fruit has lots of Vitamin (<u>C, A, K, etc.)</u>	It's not (green, etc.) It's not (crunchy, etc.). It's not (pick any of the clues above). Giving clues by starting with "not" is trickier!

(Cut the clues into strips of paper and place in a jar on the table)



"Guess the Veggie or Fruit" game!

Make up your own clues too!

More ideas for family mealtimes in

Raising a Healthy Happy Eater!

